

HORTICULTURE, CONSERVATION, FLORAL DESIGN & PHOTOGRAPHY

# Green Lines

#### THE LITTLE GARDEN CLUB OF MEMPHIS

Member of The Garden Club of America



### **President's Letter**

Hello, Snow/Ice/Rain-Bunnies!

I hope you all got through the recent weather challenges with enough heat, no burst pipes, or slips on ice. Lots of memories of COVID during that week... I was playing Mah Jongg online with friends, running the dishwasher twice a day, gaining weight, having too many cocktails, and we burned A LOT of wood. As a matter of fact, the Kay household had their 4th (let me spell that...FOURTH!!) cord of wood since September delivered today. If it's below 50 degrees, I'll push for a fire and most of the time, I get one.

We have the virtual GCA Floral Design Conference on Tuesday, February 6, and February is also our month for the joint meeting with Memphis Garden Club. Please make sure you have replied to the invitation and sent your payment to Catherine Stallings if you are staying for the pick-up lunch. Our speaker, Nicole Burke, has a fascinating story to tell about creating kitchen gardens and her dedication to making them accessible to all.

A couple of fun member facts to share with you all:
Our own Polly Glotzbach, of Little Rock Garden Club and an affiliate to
LGC, has been appointed to serve on the GCA Executive Committee.
She will hold the position of Recording Secretary for 2024–26. We all
know already that Polly will light up that committee and all of GCA with
her warmth, smiling attitude and knowledge. Congratulations, Polly!

Second, if you have read through the GCA's Winter 2023–24 online issue of *The Real Dirt*, you saw an interview on page 16 with Cheryl Welch. Cheryl, of The Garden Club of Jackson, submitted the 2024 Freeman Medal Award winner, Passiflora incarnata, commonly known as passionflower. When asked what had inspired her to submit a nomination, she gave all the credit to her Horticulture Committee Zone Rep, Ruthie Taylor! She said that Ruthie "... kept encouraging me to enter a plant. Finally, I just decided to do it!" So typical of Ruthie, who constantly gives support and encouragement to all she knows. Well Done, Ruthie!

Only 7 weeks until the first day of Spring; Hang in there!

LOVE, Émily

# of Gardenary, "The Rooted Garden"



On Thursday, February 8, the Memphis Garden Club and the Little Garden Club will welcome Nicole Johnsey Burke, the founder of Gardenary, Inc. and the author of Kitchen Garden Revival. Nicole is on a mission to bring back the kitchen garden and make it an ordinary part of life for everyone, no matter their level of gardening experience. Since starting her own kitchen garden business in 2015, Burke and her company have built hundreds of kitchen gardens, taught thousands of students to create their own through her online courses and Gardenary 365, and trained hundreds of garden consultants through the Garden Coach Society. Her work has been featured by Southern Living, This Old House, Modern Farmer, and the Garden Club of America. She believes kitchen gardens are a step that everyone can take to create positive change. To find more tips and tricks for building your own kitchen garden, visit her online at www.gardenary.com and download the Gardenary app from your favorite app store.

# **Photography**

## Shooting Sunsets with a Cell Phone Camera

Many of the foregoing suggestions apply whether you are shooting with a traditional camera or a cell phone camera. The following tips are specific to cell phone photography. These options are available in many newer iPhone and Android models. (If you need instructions on activating any of these features on your phone, Google the feature to get the most recent information.)

· Shoot in RAW—As mentioned above, if your cell phone gives you the

option to shoot in RAW, do it. The RAW format contains more information and results in larger file size, allowing more post-processing flexibility.

- Panorama—Experiment with the panorama setting for a very wide view.
- Burst mode—Burst mode allows you to take multiple photos consecutively and fast. This mode will help capture a moving object, such as a bird flying in front of the sunset.
- HDR mode—HDR stands for high dynamic range of light. This setting can be useful for getting more detail in the highlight and shadow areas. Your cell phone camera will adjust for various exposure needs by automatically taking several photos at various exposures and combining them. The result is usually a much better exposed image. Not all cell phones have this option, but most do now. Caveat—do not select this if you are attempting to include a silhouette in your foreground. Also, HDR can sometimes yield unnatural looking results.
- Cell phone tripods and remote shutter releases— As with traditional cameras, a cell phone tripod and a remote shutter release can be handy in low-light situations.
- Snapseed editing app—Snapseed is a user-friendly, cell phone editing app. It is great at removing lens flare (dots of colored light that can appear when you shoot into a sunset).

--Ginger Collier and Kim Gibson

## **Conservation**













Conservation: In Jekyll Island, Georgia and At Home in Memphis, Your Voice Matters

I am grateful to our club for letting me be the delegate to the 2023 Conservation Study Conference. We did study, AND we also had a great time getting outside, enjoying the beauty of Jekyll Island, Georgia.

Our study part did not just focus on the marsh ecology of the area - the conference was actually a platform for how each of us as GCA members has an important role in protecting our plants, animals, parks and local communities.

Thanks to conservation efforts of individuals like us, the Georgia coastline is now 35% of all the protected lands along the east coast. What was destined to be drilled for oil was blocked, and now supports some of the richest waters for biodiversity, and therefore our seafood. Our speakers lovingly referred to the marshland as "the best grocery store for our seafood anywhere". Added benefit – it is stunningly beautiful with its golden sunsets, birds in the tall marsh grasses, and dolphins and fish swimming from the marsh to the ocean.

Several of us at the conference thought about the connection between this once under-appreciated marshland and that of our own local areas. For us in Memphis: the Wolf River. What a change education, access through the new greenway, canoeing, and public efforts and public and private funding can make!

The speakers were wide ranging, showing that a comprehensive understanding was critical to conservation. We heard from the marine and earth scientists and professors. We also heard from anthropologists who shared the impact of the Gullah peoples, the Spanish conquistadors, and the enslaved peoples on the ecology. The rich history played a central role in understanding land formation and especially the big picture of the conservation efforts.

At the end of one session, we were given postcards and we spent time writing them to our congressional representatives. We were encouraged to take this idea back home to our own clubs, with our Conservation

Chairs helping us to identify and learn about key issues in our community so we can share our thoughts with city, state and national representatives.

Barbara Williamson, LGC Conservation Chair along with her sister, Kim Lowrance, are teaming up to teach our club about important topics in conservation. If you have an area that our club will benefit from, or know of upcoming topics in front of our city council or state legislature, please let Barbara and Kim know.

#### Efforts range from:

- the contributions birds make to gardens, landscapes, and meadows;
- Wings over Water which follows migrations of 3 species of birds;
- light pollution and its impact on our wildlife;
- ensuring our wonderful Memphis Aquifer continues to provide us with clean water;
- protecting lands along the Wolf River through conservation easements; and
- our popular annual planting of native trees to reduce storm water runoff, increase the shade canopy, and improve property values.

Check out: https://www.wolfriver.org/conserve/how-to-conserve for practical ideas we can all do each day to impact conservation.

Thanks to the "dynamic duo" of Barbara and Kim for helping us learn where and how we can make an impact!

--Margaret Fraser

## **Horticulture**



Happy February!

It may seem that with our gardens are all dormant and lacking in color in February there is nothing to think about or talk about as far as horticulture and what to do for our gardens in February.... I am excited to say that there is lots we can be doing and thinking about! I am so excited for all of you to hear Nicole Johnsey Burke at the joint meeting on February 8th! Nicole is the author of two wonderful books about raised bed gardening, Kitchen Garden Revival and Leaves, Roots and Fruits. She also has a great website and Instagram page called Gardenary.com. Those of us who went to last year's zone meeting were lucky to hear her and everyone loved her! She is delightful and inspiring and I feel sure many of us will want to try raised bed gardening after we hear her! So.... February and March is the time when we need to be planning what we will plant and getting ready to plant. We can always buy our plants at the nursery but how much more rewarding and fun (and cost effective!) it would be to try to start at least a few of them from seed!

The below links will take you to two good articles about how to start your own seeds indoors. You need a seed starting tray, some soil-less growing medium, some plastic to tent your tray and a tray to go under for watering. You might need a grow light if you don't have a place with good lighting. There is also a link to a Farmers' Almanac planting calendar that tells you approximate timing on when to plant different types of vegetables.

https://www.burpee.com/blog/seed-starting-basics\_article10018.html

https://www.gardeningknowhow.com/garden-how-to/propagation/seed

https://www.almanac.com/gardening/planting-calendar/zipcode/38120

Stay tuned for information about a Horticulture Pop Up on planting flowers and vegetables!



February is also when the Memphis Botanic Garden hosts the annual **Great Backyard Bird Count at the Garden**. This event is on Saturday, February 17th at the MBG from 10 am to 2 pm. The Great Backyard Bird Count is an inter-organizational effort between the Cornell Lab of Ornithology, National Audubon Society, and Birds Canada. Learn more about this global effort at birdcount.org.

Attendees can assist the Garden record and count birds, enjoy a self-guided bird scavenger hunt, learn how to use the Merlin Bird ID App, and children will receive binoculars to decorate and take home during this fun day your whole flock will leave raven about. They will even have a food truck on-site for a picnic lunch. Plus don't miss the family-friendly presentations, **Great Horned Owls: Hiding in Plain Sight**, from 10–11:30 am, and **Exploring the World of Native Birds**, from 12:30–1:30 pm.

Great Horned Owls: Hiding in Plain Sight 10–11:30 am – This is a family–friendly presentation by Mark Glenshaw, an award–winning naturalist, on Great Horned Owls. Mark has been studying this species of owl in Forest Park, a large urban park in St. Louis, Missouri for over 18 years – and has an impressive collection of photos, personal stories, and fascinating facts that will entertain and educate you about this species.

Exploring the World of Native Birds 12:30–1:30 pm – Join MBG Horticulturists Anna Vo and Adam Gann as they take attendees on a guided walk through the Woodlands. There you will learn how to find birds, how to tell birds apart, and how to identify them by color, markings, and calls! Grab your binoculars and come explore.

All activities are free with Garden admission, and no registration is required.

Thinking about this fun event made me think about how much birds help with our gardens. They help with pest control, rodent control and some birds even help with pollination! Here is a link to a quick article about how birds help in our gardens and tips for attracting birds to our gardens. https://www.perkypet.com/articles/how-birds-help-your-garden

--Elizabeth Williamson

## **Daffodils!**



The 12th Annual Mid South Daffodil Show will be at the Dixon on Saturday March 16 and Sunday March 17th. The times and information for entering is on the <u>Dixon website</u>. Entering is on Friday March 15th.

If you have never been this show it is a feast for the eyes! It is also so fun to enter a daffodil—easy easy and would love the participation! Kathy, Kate, Linda and Ruthie are on the committee and would love to help you in any way! I am happy to come to your garden to help you too!

The entries for photography can be done in advance and also so fun. These are great ways to get good practice with entering a show. We can help you!!!

Any questions, please contact Ruthie Taylor (901) 351-4503

## **Floral Design**



All club members are invited to come together from across the Garden Club of America for the 2024 Floral Design Virtual Conference. Please click on the button below to register. You never know what you might learn!

Last day to register is Sunday, February 4

--Michelle Dunavant and Mimsie Crump

Floral Design Conference 2024

# **February Birthdays**



- 1 Kim Lowrance
- 5 Julie Hussey
- 7 Peggy Jones
- 9 Connie Adams
- 10 Margaret Tabor
- 11 Natalie Latham
- 14 Linda Mallory
- 15 Virginia Rowland
- 16 Michel Allen
- 18 Mimi Graves

## **Memorials and Honorariums**

**JANUARY** 

MEMORIAL FUND In Memory of Mrs. Jan Bell Mary and Clint Saxton

SENSORY GARDEN

Memphis Botanic Garden Clean Up

Sue and Marshall Clark

In Memory of Mrs. Jan Bell

Anne and Woodson Dunavant

Bill and Michelle Dunavant

Gina and John White

In Memory of Mr. Roy Keathley

Bill and Michelle Dunavant

Gina and John White

--Anne Dunavant

Deep, Dark Chocolate Mystery from *California Cooking and Southern* Style by Frances Schultz



The blend of licorice and chocolate is the deep and delicious mystery in this simplest and richest cake ever. Steph calls it her secret weapon and insists on the best quality chocolate, such as Vahlrona. Black Sambuca is more syrupy than its white counterpart, with a more intense anise flavor. You may substitute orange or coffee liqueur for the sambuca, and the cake can be made gluten-free by replacing the small amount of flour with an equal amount of almond flour.

Note:If you don't have a springform pan, bake in a 10-inch cake pan and allow to cool for 10 minutes before removing. To remove, run a knife around the edge, place a plate over the pan and invert the cake onto the plate. Place another plate on top of the cake and invert again to be right side up, and allow to cool completely.

11 ounces bittersweet chocolate, chopped

6 ounces unsalted butter

6 eggs, separated

34 cup light brown sugar

5 tablespoons flour, sifted

1/4 cup Black Sambuca (or other) liqueur

1 teaspoon vanilla extract

½ teaspoon salt

Whipped cream, for serving

Line the bottom of a 10-inch round springform pan with parchment, butter and sugar the sides.

Preheat the oven to 350°F.

Melt the chocolate and butter together in a double boiler, and set aside to cool.

Beat the yolks with the sugar in a standing mixer until light in texture and color, about 5 minutes. Fold in the chocolate mixture, then gently fold in the flour. Add the Sambuca and the vanilla. Beat the egg whites and salt together just until stiff peaks form and fold 1/3 of the whites into the chocolate mixture to lighten, and then gently fold in the remaining whites.

Pour into the prepared pan, spreading evenly. Bake for 25 to 30 minutes.

Remove from the oven, cool for 10 minutes on a rack and then remove the sides of the pan to cool completely.

Serve with whipped cream to which you've added a bit of liqueur and a little sugar.

Serves 10 or more

--Stephanie Valentine California Cooking and Southern Style

Email to LGCGreenLines@gmail.com

Visit the Little Garden Club Website!

The Little Garden Club of Memphis | 5545 Fox Island Rd., Tunica, MS 38676

Unsubscribe ctowen662@gmail.com

Update Profile | Constant Contact Data Notice

Sent bygreenlines@littlegardenclubofmemphis.ccsend.com